

THE BRITISH MILITARY FITNESS **MILITARY** 5K-10K SERIES

It's more than just a run!

Wet, muddy and challenging. There are obstacles, hills, trees and ditches. You will get dirty and your trainers will never look the same again. You are guaranteed to finish the run wet, muddy, smelly, exhausted and with a big smile on your face!

See over for booking form



London - Saturday 17 October 2009
Manchester - Saturday 24 October 2009

These events will raise funds for MAG (Mines Advisory Group), a UK based landmine clearance charity and co-laureate of the Nobel Peace Prize, working to clear the remnants of conflict for the benefit of communities worldwide.

www.maginternational.org/militaryrun

Registered charity 1083008

MAG
saves lives builds futures

British Military Fitness Military Run 5k & 10k Series

Minimum age 17

Please read and complete all sections of this form and return together with the relevant registration fee made payable to 'MAG' to: **MAG, 68 Sackville Street, Manchester M1 3NJ**

We ask that you aim to raise a minimum sponsorship of £100 for MAG.

Please write clearly in capital letters. One form to be completed for each participant. Feel free to photocopy this form, call 0161 238 5447 or email lesley.achim@maginternational.org for extra copies.

London (Redhill, Surrey) Saturday 17 October 2009, 10.00 (Please tick)

Female 5k (£20) Female 10k (£22) Male 5k (£20) Male 10k (£22)

Manchester (Ramsbottom) Saturday 24 October 2009, 10.00 (Please tick)

Female 5k (£20) Female 10k (£20) Male 5k (£20) Male 10k (£20)

Where did you hear about the run:

PERSONAL DETAILS

Title (Mr/Mrs/Ms/Miss/Other): _____ Forenames: _____ Surname: _____

Address: _____

Postcode: _____

Date of birth: _____ Daytime phone: _____ Evening phone: _____

Email: _____

T-shirt size: Small / Medium / Large / Extra Large (Please delete as appropriate)

REGISTRATION PAYMENT

Please tick: I enclose a cheque payable to 'MAG' for £20/22 or

Please debit £20/22 from my: MasterCard / Switch / Visa / DeltaCard (Please circle)

Registration fee: £20/22 + Personal donation of: £ _____ (in addition to sponsorship) = Total: £ _____

Card number:

Exp date: / Issue no. (Switch only): Security code

MAG will confirm your place in writing along with a fundraising pack including sponsor forms, and a splendid MAG t-shirt to wear on the day!

This is a sponsored event for MAG. Your entry only contributes to the cost of running the event safely.

Please ask your friends and family to sponsor you generously and help MAG with its mission to clear the world of the deadly remnants of conflict.

Data Protection: Your privacy is important to us. MAG will process your data in relation to its activities as a UK-based charity. We may, in future, contact you with newsletters, appeals and information about events and offers. Please tick if you do not wish to receive marketing materials by post email telephone . MAG occasionally shares supporter data with other, similar organisations - please tick here if you would prefer us not to . By entering an event you agree to the charity making use of your image. By providing your contact details (eg address, telephone number, mobile phone number, email address) you consent to MAG contacting you by those methods unless otherwise stated.